

The background of the top half of the page is a photograph of a modern, multi-story building with a mix of stone, brick, and glass facades. Two flags, the United States flag and the Illinois state flag, are flying on a tall pole in front of the building. The sky is blue with some light clouds. A large green triangle is on the left side, and a dark blue triangle is at the top left, containing the logo.

RDOOR

Housing Corporation

HEALTHY BEGINNINGS AT HOME INFOGRAPHIC

**Building
Stable
Futures**

through better, stronger, and safer communities

A decorative image in the bottom right corner showing a garden bed with green plants and a stone border.

Healthy Beginnings at Home

The Healthy Beginnings at Home (HBAH) program is an evidence-based intervention focused on housing security as a means for improving birth outcomes. For this intervention we provide housing navigation, 24 months of rental assistance and comprehensive case management for pregnant women in their first or second trimester who are experiencing homelessness or housing insecurity. Since January of 2023 we have worked to address several health, social, financial and housing variables. As a part of this intervention, we have created a new system to rapidly house women in safe and secure housing to reduce the toxic stress of housing insecurity on pregnancy.

NUMBER OF HOUSEHOLDS SERVED

34

Pregnant women experiencing homelessness or housing insecurity served through the program

FLEX FUNDING UTILIZED

\$798,650

For rental assistance and barrier busting funds to address obstacles to getting housed

BABIES BORN

31

Babies born with a safe home to return to after their monther has delivered

PARTICIPANT DEMOGRAPHICS

PRIOR LIVING SITUATION

Place not meant for habitation



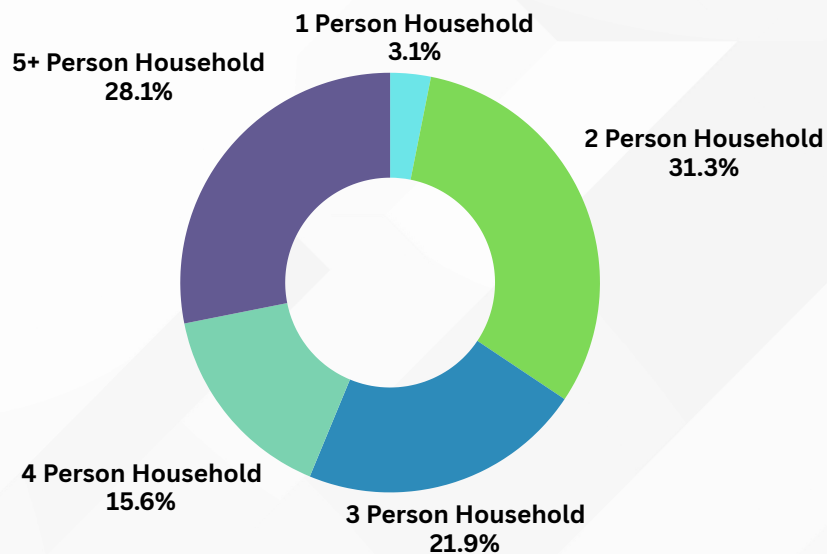
Emergency Shelter



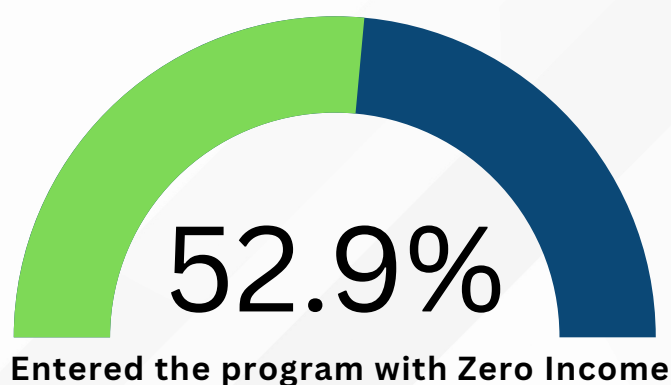
Staying with family or friend



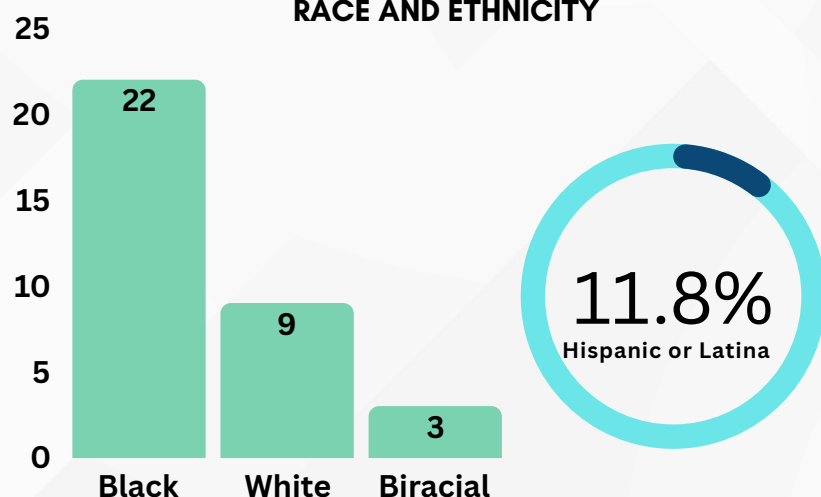
HOUSEHOLD SIZE



INCOME AT INTAKE



RACE AND ETHNICITY





BIRTH OUTCOMES

31 babies: 26 full term, 2 pairs preterm twins, 1 pair late preterm twins, 2 late preterm, 1 twin fetal loss (less than 20 weeks), 1 late fetal death (after 20 weeks).

Average birth weight is 6.58 lbs.

PROGRAM OUTCOMES

LENGTH OF TIME TO PERMANENT HOUSING

34.8

Average number
of days from
referral to housed.



Building a
Network

Case management support to get clients connected to health, employment and education.

Access to financial literacy tools and rental payment reporting to build positive rental history.

Creating referral pathways for permanent housing solutions through community partnerships.

Flexible Barrier Busting Funds

The Healthy Beginnings at Home program has flexible funding to assist with housing costs that are barriers for clients to get Housed:



Eviction and Rental Arears Payments

\$35,696



Utility Assistance Payments

\$90,601



Security Deposit Payments

\$59,329

Rental Assistance Payments

839



Rental assistance payments made providing housing stabilizing assistance for mother's as they welcome their babies into their families.

LEARN MORE >> RDOOR.ORG/HOMENOWINDY

Healthy Beginnings at Home (HBAH) is a component of the US Dept. of Health and Human Services, Health Resources and Services Administration funded Housing Equity for Infant Health Grant awarded to Jack Turman, Jr., Ph.D., a professor of pediatrics at the IU School of Medicine. For this grant, RDOOR is a subcontractor providing the housing navigation services and the management of the rental assistance payments.